



F.R. HAYTHORNE Junior High – 2020/2021

Grade 8 Option Descriptions

Fees listed are subject to change based upon Alberta Education approval.

App Savvy 8

Students will explore and develop skills in using a variety of technological applications that they can use in classrooms to promote technology inclusion in school and everyday life. Students will also learn practices to be safe in today's online world. Throughout this course, students will become comfortable using a variety of applications including apps within Google Suites.

Art 8

Semester Course (\$11 Fee)

Students will explore art materials, the processes, and ideas around creating and appreciating art. Mediums such as pastels, paint, and printmaking. Students will study art from different cultures around the world and gain the basic vocabulary of art. Advanced students who have previously taken art courses will be working with more detail. Artists will continue to explore developmental drawing, and painting.

Band 8

Full Year Course *This course counts as 2 option selections. (\$98 Fee) Additional cost dependent on participation in an optional retreat and if renting an instrument.* Musicians will continue to develop the skills learned previously, but at a more challenging level of music. The musicians will have various opportunities to perform and participate in activities such as Band Camp, instrument clinics, Jazz Band, and festivals. This course is based on performance and participation. Band 7 or permission of the teacher (audition may be required).

Challenge Science/Myth Busters 8

Semester Course (\$6 Fee)

Do you love science? Have you seen the show MythBusters? Prove or bust common myths using different scientific principles in several different experiments built by students. Students will also face a variety of challenges throughout the semester to see who can take different scientific principles and best put them to use!

Construction 8

Semester Course (\$33 Fee)

In this project-based option students will plan and create projects using hard and softwoods. Students will learn how to safely use machines, power tools, and hand tools.

Drama 8

Semester Course (No Fee)

The drama program fosters a positive self-concept in students by encouraging them to explore life through the assumption of roles and the acquisition of dramatic skills. The focus is on student creativity and participation in the major disciplines of movement, speech, improvisation, theatre studies, and technical theatre.

Fashion and Textile Adventures 8

Semester Course (\$30 Fee)

Do you love fabric? Do you love creating? Do you love designing? Then this is the course for you. In this "Choose Your Own Adventure Style" course you can explore and design all things textile related. You can choose from a range of options from basic to advanced sewing projects, to researching fashion designers, to textile arts such as latch hook or cross-stitch. If it has to do with textiles or fashion of any type it is a possibility! Students get to choose their projects, their fabrics, and their method of personalizing them. Students will learn the basics of various equipment from the sewing machines and sergers to embroidery machines, felting machines, vinyl cutters, and quilting machines.



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Fitness and Wellness 8

Semester Course (\$5 Fee)

Healthy minds and bodies are needed so that we may be creative students and citizens of the 21st century. Learn what it takes to make yourself healthy, happy, and productive through proper nutrition, dealing with stress, time management, and the importance of making informed, responsible, and healthy decisions. Students will spend most of the class in our weight room creating and following a fitness plan that will be tailored to goals that will be set by themselves in this class. Be prepared to work out and get sweaty!

Foods 8

Semester Course (\$31.50 Fee)

If you want to build on your food preparation skills, this is the course for you. It is a course focusing on food safety and sanitation, as well as fundamental cooking and food preparation skills. You will learn important life skills such as basic nutrition, measurement, kitchen tools and equipment, reading and understanding recipes, cooking terms and the importance of safe and efficient work habits. Students will have the opportunity to work with a variety of ingredients supported by the Canadian Food Guide. If you are a budding chef, this is the course for you.

Football Advantage 8

Semester Course (\$26.00 Fee)

This course provides an opportunity for students to develop and strengthen their fundamental football skills, physical abilities, and football capacity in a challenging environment. The Football Advantage course provides mentorship and leadership in athletic development and caters not only to specific football positional players but also to those new to the sport.

French as a Second Language 8

Full Year Course (No Fee)

This course counts as 2 option selections. Do you like learning a second language and want to study French food, fashion, and culture? Experience the French language through various avenues including reading, speaking, listening, and writing. The pre-requisite is French 7, or consent.

Hawk TV (Broadcasting) 8

Semester Course (\$5.00 Fee)

Interested in film and television production? Want to be a part of a school broadcasting team that will have broadcasts shown on our feature video wall and the Internet? Then HAWK TV is for you! Learn what happens behind the scenes to create a weekly broadcast on what takes place at FRH. Work behind the scenes as a camera operator, lighting technician, director, writer, or sound engineer or go out in the field capturing interviews, covering stories and then report them as an anchor for upcoming HAWK TV broadcasts. Whatever you may be interested in we have a place for you! Come out and be a part of the TEAM!



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Interior Design/Home Décor 8

Semester Course (\$10.50 Fee)

If you enjoy dreaming about how you would decorate your bedroom or what your first apartment is going to look like then Interior Design 8 is for you. Students use the elements of design to make space aesthetically pleasing. They will have the opportunity to create vision boards, re-make real spaces, and use virtual reality to see design ideas. In this class, we use design to study things like planning, problem-solving, collaboration, budgeting, public speaking, and revision. This course is student-driven and will have a chance to have input into the assignments given and the ideas covered. If you like to play with fabrics, make mini dioramas, use computer-aided programs for home design, etc. this is the course for you.

Iron Chef 8

Semester Course (\$31.50 fee)

Come and learn about cooking with what you have in this challenge class! Learn about different techniques and skills through different fun games that you may have seen on hit shows such as Iron Chef, Chopped, and MasterChef

Learning Strategies/Study Skills 8

Semester Course (No Fee)

Struggling with organization? Worried about how you will keep up with the workload in junior high school? If so, Learning Strategies is the option for you! In this course, students will learn about organization, study strategies, coping with deadlines, and how to best ensure that they will be successful in their school subjects. Through fun activities and regular organization, this course helps students to take control of their learning in junior high.

Lego Robotics/Electrotechnologies 8

Semester Course (\$14 Fee)

Do you like to play with LEGO? Want to learn the basics of programming and circuitry? Who doesn't! Now you can build LEGO NXT robots that do amazing things! Racing cars, attacking scorpions, roller coasters are just some of the hundreds of robots that you can make.

Outdoor Pursuits 8

Semester Course (No Fee)

You will experience the great outdoors! We will spend time on navigation: Maps, geocaching, GPS and orienteering. Outdoor leisure activities such as biking, skateboarding, scootering, in-line skating, and nature walking are an important part of this class. Time will be spent in nature playing outdoor games in various terrains.

Performing Arts 8

Semester Course (\$10 Fee)

The aim of Performing Arts is to give students who are interested in drama performance an opportunity to explore their artistic abilities in a practical way. Students will learn to work collaboratively to put on several productions. They will develop confidence in their abilities as actors, directors, and technicians.



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Photography 8

Semester Course (\$25 Fee)

Are you interested in what it takes to create beautiful photos? Learn all about cameras, lighting, framing, and everything else that you need to know to take amazing portraits.

Video Game Design 8

Semester Course (\$10 Fee)

Come and learn about what it takes to create and develop your very own video game, animated story, interactive art and more! Create characters, plots, and adventures inside of a world that is 100% your own. You will have the opportunity to leave this class with your very own video game!